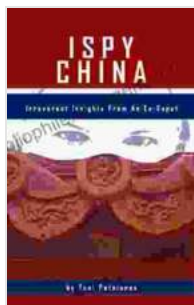


Irreverent Insights From An Ex Expat



I Spy China: Irreverent Insights From An Ex-Expat

by Toni Petniunas

★★★★★ 5 out of 5

Language : English
File size : 88118 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 609 pages
Lending : Enabled



The highs, the lows, and everything in between

I'm an ex expat. I lived abroad for seven years, in three different countries. I loved it, I hated it, and I learned a lot. Here are some of my irreverent insights from my time overseas:

1. You will never be a local

No matter how long you live in a foreign country, you will never be a local. You will always be an outsider, an observer. This can be both a blessing and a curse. On the one hand, it gives you a unique perspective on the culture. You can see things that locals take for granted, and you can appreciate the beauty of the country in a way that they can't. On the other hand, it can be isolating. You may never feel like you truly belong.



2. Culture shock is real

Culture shock is a real thing, and it can hit you at any time. It can be anything from a mild feeling of disorientation to a full-blown crisis. The symptoms of culture shock can include anxiety, depression, insomnia, and even physical illness. If you're feeling overwhelmed, don't be afraid to seek help from a therapist or counselor who specializes in working with expats.

3. You will learn a lot about yourself

Living abroad is a great way to learn about yourself. You will be forced to adapt to a new culture, learn new customs, and make new friends. This can be a challenging and rewarding experience. You will learn what you're

made of, and you will discover strengths and weaknesses that you never knew you had.



I learned a lot about myself.

4. You will see the world in a different way

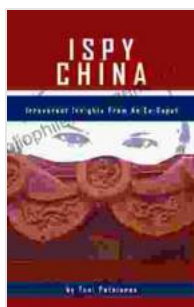
Living abroad will change the way you see the world. You will learn about different cultures, different perspectives, and different ways of life. This can be a mind-opening experience, and it can make you more tolerant and understanding of other people.

5. You will never be the same

Living abroad will change you, for better or for worse. You will never be the same person you were before you left. You will have a new perspective on

life, and you will have a new appreciation for the world.

Living abroad is a unique and challenging experience. It's not for everyone, but if you're open to adventure and you're willing to embrace the unknown, it can be an incredibly rewarding adventure. Just don't forget to pack your sense of humor.



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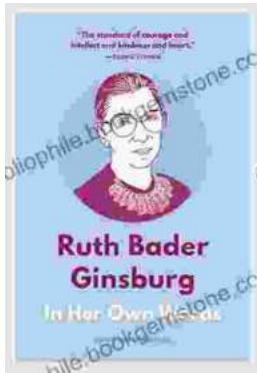
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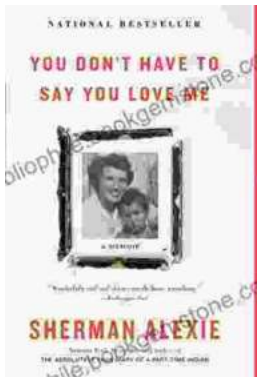
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