

My Notebooks Collections And Other Obsessions: A Deep Dive into My Personal Sanctuary

My relationship with notebooks transcends the mundane; it's a profound connection that weaves its way through the tapestry of my life. Each notebook is a blank canvas, an invitation to scribble thoughts, dreams, and aspirations. Over the years, I have amassed an impressive collection, each one holding a special place in my heart.

The Collections

1. **Travel Journals:** These notebooks are my constant companions on my adventures. They capture the essence of distant lands, from the vibrant streets of Marrakech to the tranquil shores of the Amalfi Coast. The pages are filled with sketches, musings, and the occasional culinary masterpiece I encounter along the way.
2. **Dream Journals:** The subconscious mind is a vast and enigmatic realm. My dream journals are a bridge between the waking world and the nebulous realm of dreams. Each night, I diligently record my nocturnal escapades, hoping to unlock the secrets that lie within.
3. **Habit Trackers:** My quest for self-improvement is aided by my trusty habit trackers. These notebooks help me monitor my progress, whether it's practicing mindfulness, reducing sugar intake, or developing new skills. The act of tracking my habits fosters accountability and encourages me to stay on course.

4. **Personal Reflections:** Life is a journey filled with triumphs, setbacks, and poignant moments. My personal reflections notebooks are a safe haven where I can freely express my thoughts, feelings, and experiences. They are a mirror into my soul, reflecting both the beauty and the complexities of human existence.

The Obsessions

My obsession with notebooks extends beyond the physical objects themselves. It encompasses the rituals and routines that surround them.



Guillermo del Toro's Cabinet of Curiosities: My Notebooks, Collections, and Other Obsessions

by Guillermo del Toro

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- **Covering Perfection:** The first touch of a new notebook is both exhilarating and intimidating. I meticulously select the perfect cover, weighing the merits of leather, fabric, and paper. The cover must be sturdy enough to withstand my daily musings, yet soft enough to caress my hands.

- **Fountain Pen Fidelity:** The pen is mightier than the sword, and in my case, the mightier pen is a fountain pen. The smooth flow of ink on paper is an unparalleled writing experience. I cherish my collection of fountain pens, each with its own distinct nib size and ink color.
- **Organization Obsession:** Within the chaos of my notebooks, there lies a hidden order. I employ a color-coding system to categorize entries, using different colors for different types of notes. My notebooks are a testament to my love of structure and efficiency.
- **Notebook Therapy:** Writing in my notebooks is not merely a pastime; it's a therapeutic ritual. The act of putting pen to paper allows me to process my emotions, clarify my thoughts, and find solace in the midst of life's uncertainties. Notebooks are my silent confidants, offering a judgment-free zone for self-expression.

The Importance

My notebooks are more than just collections of paper and ink. They are an extension of my being, a tangible representation of my hopes, dreams, and aspirations. They are a sanctuary where I can escape the distractions of the world and connect with my inner self.

- **Creativity Catalyst:** Notebooks are fertile ground for creativity. The blank pages invite me to explore my imagination, to experiment with different writing styles, and to give life to new ideas. They are a safe space to let my thoughts flow freely, without fear of judgment or criticism.
- **Memory Keeper:** Notebooks are the guardians of my memories. They preserve the fleeting moments of life, from the mundane to the extraordinary. By revisiting my entries, I can relive past experiences,

learn from my mistakes, and appreciate the growth and evolution of my thoughts and feelings.

- **Legacy Preserver:** I envision my notebooks as a legacy, a testament to my life and experiences. When I am gone, they will be passed down to future generations, offering a glimpse into the mind and heart of their ancestor.

My collection of notebooks and my obsession with them are an integral part of who I am. They are a reflection of my values, my passions, and my aspirations. In the pages of my notebooks, I find solace, creativity, and a profound connection with myself. They are more than just objects; they are an extension of my soul.

So, I invite you to embrace the beauty and power of notebooks. Let them become your companions on life's journey, faithful witnesses to your triumphs and tribulations. May your notebooks be filled with vibrant stories, inspiring ideas, and heartfelt reflections. Let them be a testament to your unique voice and the indomitable spirit within you.



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